

Population Health Webinar notes Tuesday, October 23, 2018

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Slide 3

KDHE has conducted 10 regional trainings and we have enjoyed the opportunity to meet with everyone. We will be offering three 45 minute webinars in November and will be scheduling these soon. Each webinar will cover one of the topics listed below; changes to the reportable diseases, isolation and quarantine, and rabies control. For those that were unable to attend the in person trainings. We will be sending out information about the dates and times of this webinars in the next week. We will not be able to offer CEUs for these trainings.

Slide 4

West Nile virus is the most common mosquito borne disease in Kansas and the United States. The *Culex* species are the primary vector for West Nile virus in Kansas and the United States.

The latest data have all regions of Kansas at low risk for West Nile Virus, which means that the mosquitoes that can spread WNV and Saint Louis Encephalitis are still being detected. Infection with WNV or SLE is unlikely.

There are still one week of mosquito surveillance left in this season.

Slide 5

Influenza surveillance has started as of October 6, 2018. KDHE is monitoring for influenza like illness in outpatients using sentinel clinics in all regions of the state, we are also monitoring emergency department visits, and hospitalization due to influenza. This data is published weekly on the KDHE website at the following URL. Kansas is at sporadic activity currently. However, we are receiving reports of influenza detection in the state and three deaths where influenza was the direct cause have already been reported this season.

KDHE encourages everyone to make sure they are vaccinated to prevent influenza.

Slide 6

Now that we are entering influenza season we have received a number of questions about the new isolation regulation for influenza.

Individual cases of influenza are not reportable in Kansas; however new regulations require influenza cases to be isolated at home for seven days following the onset of illness. Reason for this change in regulation is that persons with influenza can be infectious up to seven days following onset of

symptoms and often have fever lasting at least five days. The recommendation to stay isolated until fever free for 24 hours is comparable to staying home for seven days.

For isolation purposes, a case of influenza is a person who has tested positive for influenza, whether that be by a rapid, PCR, or other influenza test and is experiencing symptoms of influenza-like illness.

Slide 7

The local health officer or the Secretary of the Kansas Department of Health and Environment (KDHE) has the authority to alter this requirement based on nationally recognized guidance.

When started promptly, antiviral drugs can lessen symptoms and shorten duration of symptoms by about one day. Also, vaccinated persons might present with a milder illness when compared to unvaccinated persons.

Cases of influenza should not be sought out; exclusions should only be implemented when you receive a report of a case.

If you have any questions about this regulation please call the epidemiology hotline.

Slide 10

More to come.

Slide 11

The Kansas Trauma Program will release their 2017 Trauma Report by the end of the year. The data shows that falls account for the highest mechanism of traumatic injury in the state, predominately in those aged 55 and older and those aged 9 and under. Motor vehicle traffic mechanisms show the greatest number of cases in those between 15-and 44-years-old. These mechanisms are focus areas for prevention by the Advisory Council on Trauma, Trauma Regions, and hospitals. For additional information about the Kansas Trauma Program, go to www.kstrauma.org. For questions about the program email Wendy.OHare@ks.gov, and for data questions email Danielle.Sass@ks.gov.

Philip Harris | Bureau of Health Promotion

Slide 14

Time is quickly running out to send your award nominations for Safe Kids who will be presenting awards at their annual meeting in December. The following awards will be given: Service Recognition, Local Coalition of the Year, Outstanding Partnership for Child Safety, Outstanding Coalition Organization, Dr. Dennis Cooley Award of Excellence. If you have questions about a specific award or wish to make a nomination send an email to either Cherie Sage or Ashlee Barkley, if you're making a nomination be sure to include the name and contact information of the nominee as well as briefly describing why and how they meet the criteria for receiving the award.

Slide 15

Evidence-Based Public Health course is being offered during the first full week of November in Topeka at the Historic Fire Station No. 2. It is free but the participant is responsible for their own travel and hotel, lunch however will be provided during the days of the course. Seats are limited and are on a first come first serve basis, course numbers for the prerequired courses on KS Train will be provided to you after your application has been received, reviewed and accepted. If you have questions reach out to Vitaliy Kroychik.

Slide 16

A FREE wellness program for Cancer Survivors and Thrivers is having its final two classes of this session. You don't have to have attended the other ones to take part in these ones; so, anyone and everyone is invited to take part. These are all virtual so if you have an internet connection you can take part. I am going to be attaching the flyer with my slides for those of you that want to hang it up or share it through your networks. I would also encourage you to host a watch party in your local area if your able to do so as these classes are worthwhile the more people who join in. So, whether people want to take part individually or as part of a group they will need to get the link and materials by emailing Judy Johnston. The next six class series will be starting in January, so be looking for information on that coming soon.

Slide 17

The first week of November is dedicating awareness to Carbon Monoxide. It is often known as the silent killer. Please help us share these safety tips with your communities and make sure that every adult knows and understands the symptoms of CO poisoning. More information is available by clicking on the link including a short video that could be shared on your social media pages if you have them.

Slide 18

Seems like we have about one of these about every month. Another Chronic Disease Self-Management program and Diabetes Self-Management program leader training is happening this time at the Johnson County Department of Health and Environment. You must attend all classes to become a trainer. Reimbursement is available through KDHE with original receipts. Any questions should be directed towards Tami Sterling.

Slide 19

The Opioid Overdose Crisis Response Request for Proposals has been released. It is specifically targeted for Local Health Departments. This is different than the DDPI mini grant that you probably have also seen. Information about the grant can be found by visiting the website preventoverdose.ks.org and finding the Requests for Proposals Tab on the right-hand side of the page and then clicking on Opioid Overdose Crisis Response. Any questions should be directed toward Adrienne Hearrell.

Slide 20-21

Since I have you thinking about Opioids I also want to help make you aware that registration is open for the 2nd Annual Kansas Opioid Conference until November 1. The conference will be a one-day event on November 15 at the Topeka Capital Plaza Hotel and Convention Center. Everyone from the community is welcome to attend. CHANGE SLIDE. Those wanting continuing education credits will be able to receive them depending on your licensing organization. Some of the highlights from the agenda include speakers addressing topics on prevention, treatment and recovery, law enforcement and clinical intervention. Send your questions to Krista Machado.

Slide 22

Safe Kids Kansas wanted to share with you about an opportunity from the Kansas Traffic Safety Resource Office to receive \$250 for completion of the Safety Break curriculum. There are five lessons total that you have 6 months to complete with a few other simple requirements before you receive the money.

Slide 23

The Community Health Promotion Section is asking you to save the date to attend its annual summit. This year the theme is Investing in Partnerships to Become an All-in Community and will be held in Manhattan at the Bluemont Hotel. There will be excellent speakers from Kansas and beyond coming to speak about building partnerships to discuss health equity, tobacco, physical activity and nutrition. In the not too distant future public health will take more strategic and unique partnerships to make a meaningful and lasting difference in the lives of individuals. So, we ask you to please consider attending and inviting other agencies and organizations from within in your community to come with you. More details will be made available on the Community Health Promotion website as the date gets closer.